

FALL 2022



The Brain is NEUROPLASTIC

Cognitive Rehabilitation Class

Learn tools to enhance your rehabilitation

A series of 12 Saturday classes starting September 10, facilitated by a Certified Brain Injury Specialist and TBI Survivor. Free to brain injury survivors and their family caregivers. Receive a neurocognitive screener report upon completion of the full course.

Classes will be held virtually via Zoom and in-person at the Fullerton office from 11am-1pm, Saturday, September 10 through Saturday, December 3. We will skip Saturday, November 26 in observance of Thanksgiving.



To learn more and register:
(714) 446-5626
SJBINcontact@providence.org

Receive support with:

- Fatigue
- Sleep
- Organization
- Memory
- Attention
- Learning
- Concentration
- Planning
- Goal-setting
- Cognitive flexibility
- Problem-solving
- Social skills



Sign up for our weekly newsletter at tbioc.org.